Dear Parents

I hope that you and your families had a wonderful Easter break and are feeling refreshed and renewed; as this is an 11 week term!

As a reminder, please keep Sunday, 19th June available, as this is the first of our two GFA competitions and gymnasts generally love to partake. An information sheet with enrolment details will follow shortly.

Seven of our wonderful coaches have upskilled, through dedication and commitment. They have attained their advanced coaching qualifications—the coaches are Lara, Bridget, Alex, Brigitte, Sarah, Clare and Siobhan.

Well done girls!

Important Dates

<table>
<thead>
<tr>
<th>Important Dates</th>
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<tr>
<td>Begin of Term 2</td>
<td>Mon, 11 April 2016</td>
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<tr>
<td>Giant Circuit Event</td>
<td>Sun, 19 June 2016</td>
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<tr>
<td>Gymsports &amp; Dance Holiday Program</td>
<td>Tues 5th—Thurs 7th July 2016</td>
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<tr>
<td>End of Term 2</td>
<td>Sat, 25th June 2016</td>
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Prospective MLC Students!

MLC Information Sessions

The only way to truly appreciate the qualities that set MLC apart is to come and take a tour of our school. The College invites you to join them at one of their Information Sessions. You will have the opportunity to meet our Principal, Diana Vernon, talk to the teaching staff about your daughter’s specific interests and learning needs, and take a student-led tour of the College.

Dates: Friday, 20 May or Saturday, 21 May

Time: 9.30 am – 11.30 am

Register online at https://www.mlc.vic.edu.au/enrol/visit-us
On Tuesdays, from 7:30pm – 9:30pm, we offer a ‘Ladies Gymnastics Class’ which often consists of mothers and friends of mothers who have a daughter enrolled in a program at the Gymnastics Club. You can purchase a 10 class pack and can attend either every week or on a fortnightly basis. Members of this class undergo a fitness warm up using a combination of free weights, own body weight, rowing machines and bikes and then enter the gym to use the apparatus. If you are interested, please contact us at the Gym Club to get involved!

Ladies Gymnastics Class
Tuesday 7:30pm – 9:30pm

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MLC Dance Studio (PEC Level 1)
MLC Dance offers jazz, hip hop, tap, contemporary dance class options (beginner to advanced) To book please call the Gym Club office on 9274 6410 alternatively email: frewv@mlc.vic.edu.au

EpiPen and Asthma Puffers
If your daughter requires her EpiPen and/or Asthma Puffer to be near her whilst at gymnastics, please follow the process outlined below:

Put the EpiPen and/or puffer in a sealed pouch or snap lock bag which is clearly marked with your daughter’s name.

At the beginning of your daughter’s gymnastics class, please give the EpiPen and/or puffer to the coach welcoming the children to class.

The coach will place the bagged EpiPen and/or puffer in the clear container named ‘Members EpiPens and Asthma Puffers – Coaches Only’ on top of the large wooden pigeon holes, next to our First Aid box in the gym.

If you do not have a spare to leave at the gym or you prefer to take it back home with you after each class – please remember to bring it for every class.

MLC Gymnastics Club 207 Barkers Road Kew, Victoria, 3101
Phone: +61 3 9274 6410 Website: http://gym.mlc.vic.edu.au