

IMPORTANT DATES

Extra Training Session Sunday 19 June 2016

STARMITES 8am – 10am
 SUPERSTARS 11am – 1pm
 GALAXY 1pm – 4pm
 STARGAZERS 3pm – 6pm
 EXTREME 10am – 2pm
 SHOOTING STARS
 2pm – 6pm

24th June 2016

Term 2 Concludes

26th June 2016

AASCF Winterfest

11th July 2016

Term 3 Commences

Extra Training Session 31st July 2016

STARMITES 8am – 10am
 SUPERSTARS 11am – 1pm
 GALAXY 1pm – 4pm
 STARGAZERS 3pm – 6pm
 EXTREME 10am – 2pm
 SHOOTING STARS
 2pm – 6pm

Reminder

A friendly reminder to please ring the Gym office line (9274 6410) or send an email to your coach to inform the Gym Club that your daughter is unable to attend training.

JUNE

The 2016 competition season officially commences next weekend. All of our teams have been working hard at perfecting their routines. It's been a busy start to the year, and all the coaches are looking forward to see their athlete's hard work on the comp floor next weekend at the AASCF Winterfest competition.

Staff News

Tina one of our bookkeepers will be away on Long Service Leave as of the 4th of July. If you have any queries regarding billing after this date please contact Vickie Liew on 9274 8576 or at liewv@mlc.vic.edu.au

Max, Liv and Eliza are traveling in New Zealand over the school holiday period. We can't wait to hear about all the exciting things they get up to over there.

Georgia is heading on a family holiday to America during the holiday period.

Bec is heading over to South Africa for the school holidays to spend some time doing a Safari.

Janey is off to travel around Europe for 1 month. We look forward to hearing all about her great adventure when she returns!

Maddy is off to Greece with her family for the holiday period. We are excited to hear about her adventures over there when she gets back.

2016 COMPETITION DATES

24th – 26th JUNE AASCF Winterfest Competition

VENUE: State Basketball Centre, Knox

TEAMS COMPETING: Starmites, Galaxy, Extreme, Shooting Stars

Girls will be competing Sunday 26th

5th – 7th AUGUST AASCF BATTLE Competition

VENUE: State Basketball Centre, Knox

TEAMS COMPETING: Starmites, Superstars, Galaxy, Stargazers, Extreme, Shooting Stars

Please note the girls will be competing on **BOTH SATURDAY AND SUNDAY. This is a two day competition.**

16th – 18th SEPTEMBER AASCF State Championships

VENUE: Melbourne Sports and Aquatic Centre

TEAMS COMPETING: Starmites, Superstars, Galaxy, Stargazers, Extreme, Shooting Stars

Girls will compete either Saturday OR Sunday, please allow for either day. All athletes are required to be in attendance for this competition

NEW!! 15th – 16th OCTOBER WCCD World Cup Challenge

VENUE: Melbourne Sports and Aquatic Centre

HAPPY BIRTHDAY!

June Babies....

Gigi Carter	1 st
Katerina Coleman	5 th
Scarlet McLean	12 th
Charlotte Clarke	22 nd
Carla Miric	22 nd
Matilda Newcomb	27 th

July Babies....

Isabella Rickard	4 th
Matilda Fenton	7 th
Stephanie Ch'ng	10 th
Rebecca Glynn	10 th
Tabitha Lavrin	10 th
Katelyn O'Keefe	12 th
Ella Provaznikova	22 nd
Imogen Cain	27 th
Olivia Triaca	28 th
Cindy Phan	30 th

Coach Contacts

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Eliza Ogg:

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Janey Nestadt:

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Madi Parker:

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Rebecca Pollard:

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Max Shue:

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TEAMS COMPETING: Starmites, Superstars, Galaxy, Stargazers

Girls will compete either Saturday OR Sunday, please allow for either day.

NEW!! 28th – 30th OCTOBER AASCF Spring Carnival

VENUE: State Basketball Centre, Knox

TEAMS COMPETING: Extreme and Shooting Stars

Girls will compete either Saturday OR Sunday, please allow for either day. This is the long weekend and the only AASCF competition held between States and Nationals.

25th – 27th November AASCF National Championships

VENUE: Gold Coast Convention Centre, Queensland

TEAMS COMPETING: Galaxy, Stargazers Extreme and Shooting Stars

SHOES

We are still waiting on an arrival of size 7 shoes, we have most other sizes. If your daughter requires shoes, please come to the gymnastics office.

SECOND HAND UNIFORMS FOR SALE

Second Hand Uniform Top	
Name:	Karin Klau Keenan
Contact Number:	0407 012 676
Size	Youth 14
Price	\$80.00

TUMBLING CLASSES

We still have positions in some of our tumbling classes. Tumbling classes are a great way for athletes to develop strength and improve their tumbling. Classes are held as follows:

Monday 5:30pm – 6pm	Monday 5:30pm – 6pm
Tuesday (MLC Students Only)	Tuesday 3:30pm – 4:30pm
Tuesday (External Students Only)	Tuesday 3:45pm – 4:45pm
Level 2/3 Development Class	Tuesday 5:45pm – 7:15pm

If your daughter would like to be involved in these classes, please email me directly on pollarra2@mlc.vic.edu.au

2016 PREPARATION TEAMS

New in 2016, are our Mini, Junior and Senior Preparation teams. These classes are perfect for athletes who are wanting to give cheerleading a go, without the commitment of competitions. The girls will get to develop all their cheerleading skills from jumps, tumbling, stunting, strength and flexibility.

These classes are designed as a pathway allowing athletes to join competition teams in 2017.

Mini Prep Team

When: Thursday 3:45pm – 4:30pm

Where: MLC Dance Studio

Who: All girls aged 4 – 8 years.

MLC Students in Prep – Y2 will be collected by a Gym Club staff member and walked over to the PEC after school

Junior Prep Team

When: Tuesday 4:30pm – 5:30pm

Where: MLC Sports Hall 2

Who: All girls aged 8 – 14 years.

Senior Prep Team

When: Wednesday 5:45pm – 6:30pm

Where: MLC Sports Hall 2

Who: All girls aged 10 – 18 years

All classes are available to MLC and NON MLC students.

If you would like to get your daughter involved in this class, please contact Bec Pollard via email, pollarra2@mlc.vic.edu.au or contact the MLC Gym Club Office on 9274 6410.

Prospective MLC Students!

MLC INFORMATION MORNING

The only way to truly appreciate the qualities that set MLC apart is to come and take a tour of our school. The College invites you to join them at one of their Information Sessions. You will have the opportunity to meet our Principal, Diana Vernon, talk to the teaching staff about your daughter's specific interests and learning needs, and take a student-led tour of the College.

Dates: 5th August

Time: 9.30 am – 11.30 am

Register online at <https://www.mlc.vic.edu.au/enrol/visit-us>

PLEASE NOTE

The MLC Gymnastics Club has a small number of students who suffer from severe life threatening allergies. In order to provide a safe environment for these children, we are requesting that no food products containing nuts are brought to training.

While it is not possible to guarantee that nut products will not be in the PEC, we request that all members make an effort to support this so as to ensure the safety and wellbeing of all students.

Please ensure there is no eating food in the Gym or the Sports Hall.