

Term Dates

Term 4

Mon 3rd Oct – Sat 17th Dec

Please note no classes will be held on :

Sat, 10th December 2016

GFA Club Championships

Sunday, 11 December 2016

MLC Club Championships (including Gymstar)

Saturday, 10th December 2016

2017 Important Dates

Gymsports & Dance

Holiday Program

Mon 23rd — Wed 25th January

Invoices for Term 1, 2017

To be emailed mid January 2017, for payment by the commencement of Term 1.

Collection of Children

For safety reasons, please ensure that gymnasts are dropped off and picked up inside the PEC building

MLC Dance Studio

MLC Dance offers jazz, hip hop, tap and contemporary dance classes for all levels. If your daughter is interested, please call the Gym Club on 9274 6410.

Office Hours

Mon / Wed / Fri

9:00am – 5:00pm

Tues and Thurs

11.00am – 7.00pm

Saturday

11:30am – 1:00pm

Dear Parents,

Welcome back to Term 4. The count down toward December has officially begun.

The **GFA Club Championships** (Rec, Rec Extend and Intermediate classes only) is being held on Sunday, 11 December from 10am to approximately 1.00pm. This is the final fun competition event for 2016 and gymnasts will be preparing for this event in their classes.. The fee per gymnast is \$35 and enrolment is through Try bookings at <https://www.trybooking.com/234411>

This year, instead of attending the above mentioned event, the Gymstar athletes will be included within the competitive stream Club Championships on Saturday, 10th December from 8am -11:30am. The fee per gymnast is \$35 and enrolment is through Try bookings at <https://www.trybooking.com/235028>

The presentation of Gymstar awards will also be included within the competitive stream presentation event on Saturday afternoon 3-5pm. This event recognises the achievements and contributions of the MLC Gymnastics Club staff, volunteers, gymnasts & family. Several awards will be presented throughout the event and ALL attending gymnasts will be acknowledged and called to the stage. From 2.30pm onwards, afternoon tea will be provided in the Foyer prior to the presentation ceremony. The booking is \$8.50 per attendee and is through Try Booking at <https://www.trybooking.com/235013>

2017 re-enrolment:

Please make sure that we have your correct mailing address . It is anticipated that 2017 re-enrolment forms will be mailed by 15th November, with a return date of Friday, **2nd December, 2016**. The Term 1, 2017 invoices will be e-mailed mid-January, with payment due before the commencement of Term 1. On that note, please let me know if you have any day change preferences for 2017. I would like to wish everyone a great term, and once again, do not hesitate to contact me should you have any queries.

Ros Sagnelli

Curriculum and Achievement Program

For our new parents, Gymnastics for All (GFA) at MLC Gymnastics Club follows a Curriculum and Achievement Program (CAP). Our goal is to ensure each gymnast is challenged and continues to learn new skills through participating in the stages of the program. The curriculum is made up of ten stages for your daughter to progress through and work towards during Terms 1, Term 2 and Term 3; Neptune, Uranus, Saturn, Jupiter, Mars, Earth, Venus, Mercury, Sun, Solar System. Formal assessing occurs during Terms 1 and 3 and your daughter/s will come home with a progress report toward the end of term.

EpiPen and Asthma Puffers

If your daughter requires her EpiPen and/or Asthma Puffer please follow the process outlined below:

1. Place the EpiPen and/or Asthma Puffer in a sealed pouch or snap lock bag which is clearly marked with your daughter's name.
2. At the beginning of your daughter's class, please give the EpiPen and/or Asthma Puffer to the coach who is welcoming the children to class.
3. The coach will place the bagged EpiPen and/or Asthma Puffer in the clear container named 'Members EpiPens and Asthma Puffers – Coaches Only' on top of the large wooden pigeon holes, next to our First Aid box in the gym,.
4. Please remember if you are not leaving the EpiPen and/or Asthma Puffer in the Gym, to collect it at the end of your daughter's class.

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