

Where our vision is Moving, Learning, Connecting

Dear Parents

Welcome to Term 2 gymnastics. We have an exciting term planned!

The main event in Term 2 is the GFA Pink Day Competition. Please keep 26th May 2019 available in your calendar. The cost is \$30 per gymnast. Enrol through TryBooking at <https://www.trybooking.com/486705> before 17th May 2019. Spectator gold coin donations will go toward Cancer Council Fundraising.



After the competition, coaches will continue preparing gymnasts for assessments. Assessments will occur toward the end of term. All gymnasts will receive a certificate/report.

Reminders

- **No Classes on Thurs 25 April — Anzac Day**
 - **No Classes on Monday 10 June — Queens birthday**
 - Gymnasts are not permitted in the PEC more than 10 minutes before their scheduled class time, due to supervision requirements.
- * All siblings are to be supervised by an adult at all times whilst in the PEC.
- * Parents are to remain outside the gym at all times. It is a risk to the safety of gymnasts and also impedes access to the gym.
- * Please be considerate of others when standing on the stairs or landing, leading to the Gymnastics office. This is a high traffic area and the congestion creates a serious Occupational Health and Safety risk for parents, children and staff.
- * Parents, please ensure your daughter's hair is tied back and she is not wearing any jewellery like fit bits, watches, or necklaces.
- * Please ensure all personal belongings are stored safely. There are lock up cupboards in the wet change-rooms, simply bring a padlock. Kindly remove after each lesson.

MLC Dance

MLC Dance offers Jazz, Hip Hop, Tap, Contemporary and Ballet dance classes (beginner to advanced). To trial or book, please call the Gym Club office on 9274 6410 or email: jai-klan@mlc.vic.edu.au.

Wishing everyone a great term of gymnastics!

Regards, Ros Sagnelli



MLC Dance adheres to the Australian Dance Vision (ADV) syllabus which is challenging, stimulating and builds students' skills whilst sustaining their interest



Dates & Events

GYMNASTICS TERM 2

Tues, 23rd April—All classes commence

GYMSPORTS HOLIDAY PROGRAM DATES

Tues 9—Thurs 11 July 2019

Tues 1—Thurs 3 Oct 2019

GFA PINK DAY COMPETITION

26th May 2019

INTERMEDIATE AND REC EXTEND COMPETITION

14th September

MLC GFA CLUB CHAMPIONSHIPS

Sat 7th & Sunday, 8th December

GYMSTAR COMPETITION DATES

Levels 5-6	Sunday 21st July	Eastern
Levels 5-10	Sunday 28th July	Jets
Levels 7-10	Sunday 8th Sept	Aerodynamix
Levels 7-8	Sunday 22nd Sept	Athleta (Optional)
Levels 5-10	Sunday 13th Oct	BTYC
Levels 9-10	Sunday, 20th Oct	Footscray (Optional)

OFFICE HOURS:

9:00am – 5:00pm

Mon, Wed and Fri

10.00am – 6.00pm

Tues and Thurs

and 11:00am – 1:00pm
on Sat, during the school
term.



Additional info

EpiPen and Asthma Puffers

If your daughter requires her EpiPen and/or Asthma Puffer to be near her whilst at gymnastics, please follow the process outlined below:

Please put the EpiPen and/or puffer in a sealed pouch or snap lock bag which is clearly marked with your daughter's name.

At the beginning of your daughter's gymnastics class, please give the EpiPen and/or puffer to the coach welcoming the children to class.

The coach will place the bagged EpiPen and/or puffer in the clear container named 'Members EpiPens and Asthma Puffers – Coaches Only' on top of the large wooden pigeon holes, next to our First Aid box in the gym,.

If you do not have a spare to leave at the gym or you prefer to take it back home with you after each class, please remember to do bring it for every class.