

IMPORTANT DATES

23rd May – 5th June

Australian
Championships
NL7-10 & IL8-Snr
Hisense Arena

10th – 13th June

Victorian
Championships
Individual Event
NL7-10 & IL7-Snr
SNHC, Parkville

Sat 11th June

National Levels
Spectacular
NL8-10
SNHC, Parkville



Staff News



Nakarin Jaikla is the new Dance Coordinator for MLC Gymnastics. Nakarin is a Dance Instructor and the Competitive Program Ballet Instructor. Nakarin is highly experienced in teaching dance, choreography and the performing arts with 15 years of diverse experiences across various dance styles. He has been the lead and artistic director in numerous dance activities and projects both in Australia and overseas.

Congratulations

Congratulations to the following gymnasts and staff who have been selected to represent Victoria at the Australian Championships, from 22 - 29 May, at Hisense Arena!

National Level 7:

Sienna Voulanas

National Level 8:

Madeleine Mitra
Natasjia Voulanas
Thalia Rogerson
Mia Robinson (Reserve)

National Level 10:

Giulia Archer
Lauren Pengelly
Olivia Burnett

International Level 9:

Emma McDiarmid

Staff:

Jackie Caldwell (Assistant Head Coach)
Simone Greig (Team Coach)
Kirsten Norden (Personal Coach)
Laura Phung (International Stream Personal Coach)
Tim Lees (International Stream Personal Coach)
Anna Francis (International Stream Team Manager)
Rachel Barton (Judge)

HAPPY BIRTHDAY TO YOU!

May babies....

| | |
|--------------|------------------|
| Alex (S) | 2 nd |
| Kareema W | 3 rd |
| Georgia B | 5 th |
| Evangelina S | 10 th |
| Olivia T | 11 th |
| Keira G | 11 th |
| Jaime L | 12 th |
| Ingrid M | 12 th |
| Bree (S) | 12 th |
| Chloe H | 13 th |
| Tina (S) | 13 th |
| Bianca H | 18 th |
| Amy Y | 21 st |
| Phoebe G | 26 th |
| Nell F | 31 st |
| Rebecca P | 31 st |

(S) = Staff member

If you have any second - hand items you would like to advertise, please email francia@mlc.vic.edu.au

MLC Level 1-3 Star Classic - Advanced Notice

The MLC Level 1-3 Star Classic for the NLP 1-3 gymnasts will be on the 9th & 10th July during the school holidays. A reminder that **families of ALL PRE STARLETS and STARLETS competitive gymnasts** will be rostered on to assist at this event (even if your daughter is not competing in this event).

The volunteer sign-up sheets will go up and be distributed mid-June requesting donations and your assistance during the competition sessions. Please feel free to contact the Events Co-ordinator Leida O'Flynn oflynnle@mlc.vic.edu.au with any questions in the meantime (office hours: Mon 9.30am – 12.30pm and Tues/Wed 9.30am – 3.00pm).

Reminder

Training fees were due on Wednesday 4th May so if you haven't already paid, please do so immediately. A reminder that late payment of fees attracts a \$50 fee on your invoice for the following quarter, so it's best to pay on time!

Prospective MLC Students

MLC Information Sessions

The only way to truly appreciate the qualities that set MLC apart is to come and take a tour of our school. The College invites you to join them at one of their Information Sessions. You will have the opportunity to meet our Principal, Diana Vernon, talk to the teaching staff about your daughter's specific interests and learning needs, and take a student-led tour of the College.

Dates: Friday, 20 May or Saturday, 21 May

Time: 9.30 am – 11.30 am

Register online at <https://www.mlc.vic.edu.au/enrol/visit-us>

Results

Trial 1

International Level 7

| | |
|------------------|---|
| Harriet Wingrove | 5 th Vault; 8 th Bars; 4 th Beam; 1 st Floor; 5 th AA |
| Chiara Kwok | 10 th Vault; 9 th Bars; 9 th Beam; 2 nd Floor; 8 th AA |
| Hannah Tymms | 8 th Vault; 10 th Bars; 7 th Beam; 3 rd Floor; 9 th AA |

International Level 9 (Day 1)

| | |
|-----------------|---|
| Emma McDiarmid | =7 th Vault; 2 nd Bars; 5 th Beam; 8 th Floor; 5 th AA |
| Lisa-Nadine Tan | 9 th Vault; 9 th Bars; 3 rd Beam; 9 th Floor; 7 th AA |

International Level 9 (Day 2)

| | |
|-----------------|--|
| Emma McDiarmid | 8 th Vault; 1 st Bars; =6 th Beam; 10 th Floor; 5 th AA |
| Lisa-Nadine Tan | 6 th Bars; =6 th Beam; =6 th Floor |

National Level 7

| | |
|---------------------------|---|
| Lily Stokie | =28 th Vault; 8 th Bars; =8 th Beam; =24 th Floor; 8 th AA |
| Anya Ross | 50 th Vault; =10 th Bars; =36 th Beam; 5 th Floor; 12 th AA |
| Charlotte Mitchley-Hughes | =40 th Vault; =23 rd Bars; =21 st Beam; 14 th Floor; 13 th AA |
| Olivia Foley | =62 nd Vault; 7 th Bars; =17 th Beam; =39 th Floor; 14 th AA |
| Devyn Ross | =31 st Vault; =27 th Bars; 19 th Beam; =33 rd Floor; 18 th AA |
| Sienna Voulanas | =37 th Vault; 52 nd Bars; 6 th Beam; =39 th Floor; 22 nd AA |
| Mia Neofytou | 73 rd Vault; 35 th Bars; =31 st Beam; =11 th Floor; 32 nd AA |
| Jaime Lampard | 77 th Vault; =36 th Bars; 12 th Beam; =24 th Floor; 33 rd AA |
| Alexandra Seal | =53 rd Vault; 50 th Bars; =39 th Beam; =20 th Floor; =40 th AA |
| Isabella Harvey | 66 th Vault; 48 th Bars; =43 rd Beam; 6 th Floor; =40 th AA |
| Annabel Whiter | =57 th Vault; =53 rd Bars; =54 th Beam; =48 th Floor; 54 th AA |
| Alex Cullen | 60 th Vault; =45 th Bars; =63 rd Beam; =35 th Floor; 58 th AA |
| Ingrid Melton | 76 th Vault; =75 th Bars; 45 th Beam; =59 th Floor; 69 th AA |
| Coco Goldacre | =57 th Vault; 56 th Bars; 78 th Beam; =46 th Floor; 71 st AA |
| Helen Nguyen-Ngo | 20 th Bars; 7 th Beam |

National Level 8

| | |
|-------------------|---|
| Thalia Rogerson | 4 th Vault; =3 rd Bars; 9 th Beam; 11 th Floor; 1 st AA |
| Natasjia Voulanas | =21 st Vault; =5 th Bars; =2 nd Beam; =8 th Floor; 4 th AA |
| Mia Robinson | =30 th Vault; =5 th Bars; 8 th Beam; =4 th Floor; 9 th AA |
| Madeleine Mitra | 20 th Vault; 9 th Bars; 17 th Beam; =8 th Floor; 12 th AA |
| Isobel Neill | =17 th Vault; =19 th Bars; =13 th Beam; =17 th Floor; 16 th AA |
| Melitta Allen | =26 th Vault; 10 th Bars; 33 rd Beam; =21 st Floor; 23 rd AA |
| Hannah Hyland | =32 nd Vault; 17 th Bars; 4 th Beam; 38 th Floor; 24 th AA |
| Mikaela Price | =32 nd Vault; =22 nd Bars; 39 th Beam; =24 th Floor; =33 rd AA |
| Olivia Tan | 36 th Vault; 28 th Bars; 30 th Beam; 32 nd Floor; 35 th AA |

National Level 10

| | |
|-----------------|---|
| Olivia Burnett | 2 nd Vault; 1 st Bars; =4 th Beam; 5 th Floor; 1 st AA |
| Lauren Pengelly | 4 th Vault; 5 th Bars; 3 rd Beam; 3 rd Floor; 4 th AA |
| Giulia Archer | 7 th Vault; 6 th Bars; 2 nd Beam; 1 st Floor; 6 th AA |

Trial 2 – National Stream

National Level 7

| | |
|---------------------------|----------------------|
| Sienna Voulanas | 9 th AA |
| Olivia Foley | 16 th AA |
| Alexandra Seal | 18 th AA |
| Anya Ross | 19 th AA |
| Devyn Ross | 22 nd AA |
| Lily Stokie | 23 rd AA |
| Charlotte Mitchley-Hughes | =24 th AA |
| Annabel Whiter | 45 th AA |
| Mia Neofytou | 47 th AA |
| Jaime Lampard | 53 rd AA |
| Ingrid Melton | 54 th AA |
| Alex Cullen | 58 th AA |
| Coco Goldacre | 67 th AA |
| Helen Nguyen-Ngo | 81 st AA |
| Natasha Ranca | 82 nd AA |

National Level 8

| | |
|-------------------|----------------------|
| Thalia Rogerson | 3 rd AA |
| Madeleine Mitra | 4 th AA |
| Natasjia Voulanas | =10 th AA |
| Mia Robinson | 12 th AA |
| Melitta Allen | 18 th AA |
| Isobel Neill | 19 th AA |
| Mikaela Price | =21 st AA |
| Hannah Hyland | 23 rd AA |
| Olivia Tan | 26 th AA |

National Level 10

| | |
|-----------------|--------------------|
| Lauren Pengelly | 1 st AA |
| Olivia Burnett | 2 nd AA |
| Giulia Archer | 4 th AA |

Trial 2 – International Stream

International Level 7

| | |
|------------------|---|
| Harriet Wingrove | 5 th Vault; 8 th Bars; 4 th Beam; 1 st Floor; 5 th AA |
| Chiara Kwok | 10 th Vault; 9 th Bars; 9 th Beam; 2 nd Floor; 8 th AA |
| Hannah Tymms | 8 th Vault; 10 th Bars; 7 th Beam; 3 rd Floor; 9 th AA |

International Level 9 (Day 1)

| | |
|-----------------|---|
| Emma McDiarmid | =7 th Vault; 2 nd Bars; 5 th Beam; 8 th Floor; 5 th AA |
| Lisa-Nadine Tan | 9 th Vault; 9 th Bars; 3 rd Beam; 9 th Floor; 7 th AA |

International Level 9 (Day 2)

| | |
|-----------------|--|
| Emma McDiarmid | 8 th Vault; 1 st Bars; =6 th Beam; 10 th Floor; 5 th AA |
| Lisa-Nadine Tan | 6 th Bars; =6 th Beam; =6 th Floor |