

IMPORTANT DATES

15th – 16th October

Victorian
Championships
Qualifier
NL 4-6
WGC, Waverley

22nd - 23rd October

Southern Cross Classic
NL 4-6 Limited Hours
Geelong YMCA

5th – 6th November

Junior Victorian
Championships Finals
NL 4-6 (qualification
only)
Geelong YMCA

7th – 11th November

Australian Classic
IL7 – Senior

10th December

MLC Club
Championships
MLC, Kew

Staff News



Bret Nicholas, Squad Coach, has been asked by Gymnastics Australia to present a 2-day Women's and Men's Coach Workshop in Thailand for the International School Bangkok at the end of October. Go Bret!

National Club Championships

MLC had a successful week at the National Clubs Carnival in Bendigo last month, with 35 gymnasts competing over 6 days, to eventually take...

...3rd place overall!

We are very proud with how everyone performed and behaved while they travelled with the team. From all reports, it was a fun, team building and memorable week. Some highlight results include...

Level 8	1 st Beam; 3 rd Floor & 3 rd All Around in Australia!
Level 10	1 st Vault; 3 rd Bars; 2 nd Beam; 1 st Floor & 2 nd All Around in Australia!

In the only individual competition for the event...

Olivia Burnett	2 nd Vault; 1 st Floor & 2 nd All Around in Australia!
Giulia Archer	3 rd Vault; 2 nd Floor & 3 rd All Around in Australia!

A full set of results are in the 'Results' section below.

Well done to the coaches and athletes for their amazing work, in both the lead up to the competition, and during the event!



About to fuel up...



A bit of down time...

HAPPY BIRTHDAY TO YOU!

October babies....

Sabine M-S	7 th
Alannah T	10 th
Amy B	18 th
Nina W	18 th
Jessie A	20 th
Mattea A-M	20 th
Yasmin I	22 nd
Nakarín (S)	22 nd
Leilani E	27 th
Crissy P	28 th
Sabine K	29 th
Laura (S)	29 th

(S) = Staff member

FOR SALE

NEW Tracksuit – C10

Half price

Contact: Jules on

phone: 0400 005 820

NEW Tracksuit – C10

\$100

Contact: Beth on

phone: 0418 880 420

Training leotard – CME

\$40

Contact: Beth on

phone: 0418 880 420

Day 2 Competition

Leotard – AXS

Contact: Vicki on

phone: 0448 903 822

If you have any second-hand items you would like to advertise, please email

francia@mlc.vic.edu.au

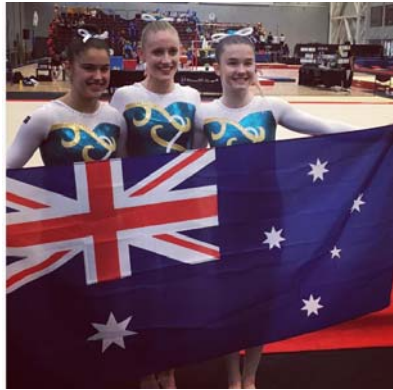


Level 8's – awards galore!



Taking it for the team...3rd in Australia!

Trans-Tasman Challenge – New Zealand



Congratulations to Lauren Pengelly, Olivia Burnett and Giulia Archer on representing Australia at the Trans-Tasman Challenge in New Zealand at the beginning of October. They had some brilliant results...

Team:

1st Overall – Australia Team 1 (Liv & Loz)

2nd Overall – Australia Team 2 (Gules)

Liv (Open Age)

3rd Vault; 4th Bars; 1st Beam; 1st Floor; 1st All Around

Gules (Under Age)

1st Vault; 2nd Beam; 1st Floor; 2nd All Around

Loz (Open Age)

7th Floor; 8th Beam; 8th All Around

Well done girls! We're very proud of you! 😊

Pre Starlets & Starlets Camp

The Pre Starlets and Starlets Camp during the September holidays was well attended and SOOOOO much FUN! There were pancakes, dancing with Nakarin, strength & skill testing, clip 'n' climb, and colour-themed days! Thank you to coaches Siobhan, Clare, Shaolin, Nakarin, Bret and Laura. Also to Leslie for cooking pancakes.



Pink day line up



Blue day dance fun with Nakarin

Welcome

We would like to welcome our newest little group to the Competitive Program who have been selected from Kindergym for Pre-Starlets Foundation....just a WHOLE LOT OF CUTENESS!!



Wellness Session #3 – Nutrition

A reminder that our 3rd Wellness Session (Nutrition) for parents is coming up next month. Details are as follows:

DATE: Wednesday 9th November
TIME: 7.00-8.00pm
VENUE: PEC Lecture Room

Parents will be sent a reminder email prior to the date.

Invoices

Invoices for non-MLC students for 4th quarter have been emailed so please check your inbox. For those gymnasts who went to National Clubs, any credits have been applied to your invoice to reduce your fees. Payments are due by **Thursday 3 November 2016** so please pay on time to avoid incurring a late payment fee.

Prospective MLC Students

MLC Information Sessions

The only way to truly appreciate the qualities that set MLC apart is to come and take a tour of our school. The College invites you to join them at one of their Information Sessions. You will have the opportunity to meet our Principal, Diana Vernon, talk to the teaching staff about your daughter's specific interests and learning needs, and take a student-led tour of the College.

Date: Tuesday 8th November

Time: 5.30-7.30pm (Twilight Tour)

Register online at <https://www.mlc.vic.edu.au/enrol/visit-us>

Results

National Club Championships

Level 5 Team	11 th Vault; 5 th Bars; 6 th Beam; 7 th Floor; 7 th AA
Level 6 Team	14 th Vault; 12 th Bars; 9 th Beam; 9 th Floor; =10 th AA
Level 7 Team 1	7 th Vault; 5 th Bars; 10 th Beam; 1 st Floor; 6 th AA
Level 7 Team 2	17 th Vault; 18 th Bars; 8 th Beam; 13 th Floor; 14 th AA
Level 8 Team	5 th Vault; 6 th Bars; 1 st Beam; 3 rd Floor; 3 rd AA
Level 10 Team	1 st Vault; 3 rd Bars; 2 nd Beam; 1 st Floor; 2 nd AA
Level 10 Individuals	
Olivia Burnett	2 nd Vault; 5 th Bars; =19 th Beam; 1 st Floor; 2 nd AA
Giulia Archer	3 rd Vault; =10 th Bars; 4 th Beam; 2 nd Floor; 3 rd AA
Lauren Pengelly	11 th Vault; 20 th Bars; =6 th Beam; 21 st Floor; 13 th AA
MLC Gymnastics	3 rd in Australia!!!

Jets Invitational

Level 4 (Under)

Amber Ward	14 th Vault; 10 th Bars; 17 th Beam; 5 th Floor; 13 th AA
Emma Ross*	7 th Vault; 2 nd Bars; 1 st Beam; 1 st Floor; 1 st AA
Lara Sjoblom*	10 th Vault; 6 th Bars; 3 rd Beam; 5 th Floor; 6 th AA
Madeleine Yim*	10 th Vault; 16 th Bars; 13 th Beam; 6 th Floor; 12 th AA
Krystal Trinh*	8 th Vault; 11 th Bars; 18 th Beam; 9 th Floor; 13 th AA
Daisy Hodnett*	18 th Vault; 15 th Bars; 5 th Beam; 10 th Floor; 15 th AA
Laura Perry*	16 th Vault; 12 th Bars; 16 th Beam; 19 th Floor; 16 th AA

Ava Ypinazar* 17th Vault; 17th Bars; 12th Beam; 16th Floor; 17th AA

*In a different session

Level 4 (Over)

Jessica Goh 7th Vault; 13th Bars; 1st Beam; 1st Floor; 6th AA
Alannah Turner 10th Vault; 9th Bars; 12th Beam; 10th Floor; 11th AA
Zoe Moore 14th Vault; 12th Bars; 12th Beam; 12th Floor; 13th AA
Sabine MacDonald-Smart 18th Vault; 17th Bars; 11th Beam; 13th Floor; 17th AA
Keira Geary* 11th Vault; 9th Bars; 14th Beam; 5th Floor; 10th AA
Hanna Graham* 15th Vault; 5th Bars; 10th Beam; 15th Floor; 11th AA

*In a different session

Level 5 (Under)

Madelyn Bui 2nd Vault; 5th Bars; 6th Beam; 9th Floor; 4th AA
Jacinta Smith 3rd Vault; 2nd Bars; 15th Beam; 6th Floor; 10th AA
Georgia Bevan 13th Vault; 12th Bars; 13th Beam; 9th Floor; 13th AA

Level 5 (Over)

Kalliope Rice 2nd Vault; 10th Bars; 7th Beam; 12th Floor; 8th AA
Amy Barnett 4th Vault; 2nd Bars; 12th Beam; 12th Floor; 10th AA
Saskia Hume 12th Vault; 12th Bars; 10th Beam; 6th Floor; 11th AA
Amy Yong 11th Vault; 9th Bars; 11th Beam; 9th Floor; 12th AA
Charli Murray 9th Vault; 6th Bars; 13th Beam; 5th Floor; 13th AA
Lara Hennessy 14th Vault; 8th Bars; 14th Beam; 7th Floor; 14th AA

Level 5 Limited Hours (Under)

Rebecca Paratz 6th Vault; 4th Bars; 1st Beam; 7th Floor; 2nd AA
Daphne Lo 3rd Vault; 2nd Bars; 6th Beam; 3rd Floor; 3rd AA
Mia Wapshott 9th Vault; 15th Bars; 9th Beam; 1st Floor; 10th AA
Nell Farrell 14th Vault; 7th Bars; 13th Beam; 12th Floor; 13th AA
Jessie Atkins 13th Vault; 12th Bars; 14th Beam; 13th Floor; 13th AA
Claudia Hoffman-Hayes 10th Bars; 15th Beam; 15th Floor

Level 5 Limited Hours (Over)

Hannah McLeod 1st Vault; 6th Bars; 10th Beam; 4th Floor; 5th AA
Arabella Lowe 7th Vault; 11th Bars; 6th Beam; 7th Floor; 9th AA

Level 6

Amelia Entwisle 6th Vault; 7th Bars; 1st Beam; 8th Floor; 4th AA
Nicola Lim Joon 12th Vault; 14th Bars; 10th Beam; 12th Floor; 12th AA
Lara Lamont 10th Vault; 9th Bars; 12th Beam; 14th Floor; 13th AA
Sabine Keenan 14th Vault; 18th Bars; 8th Beam; 19th Floor; 17th AA
Natasha Matters 18th Beam; 18th Floor

NB: The results emailed by Jets were incomplete, so once received, missing gymnasts from Level 6 will be published in the next edition of Squad Link

Level 6 Limited Hours (Over)

Jana Brisbane Bacon 4th Vault; 9th Bars; 5th Beam; 1st Floor; 6th AA

Southern Cross Classic Maffra

Level 7 Under

Cara Graham =25th Vault; =13th Bars; 2nd Beam; 7th Floor; 4th AA

Isabella Harvey =25th Vault; 2nd Bars; 7th Beam; 5th Floor; 5th AA

Level 8 Under

Olivia Tan 18th Vault; 17th Bars; 1st Beam; 18th Floor; =13th AA